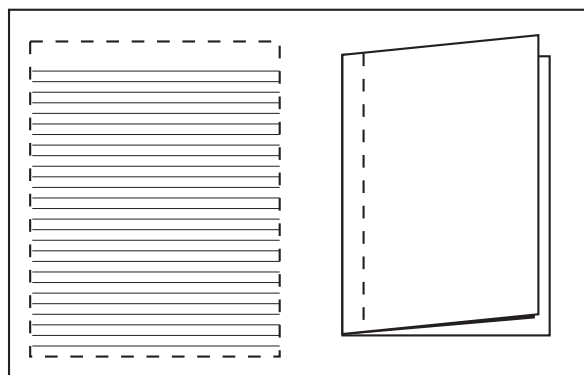


## Materials

- 12" x 18" construction paper, various colors
- 10" x 7" white paper, 2 sheets per child
- 8½" x 11" white paper
- glue, crayons

## Directions

1. Use the construction paper as the background and the white papers to create a refrigerator. Glue one sheet of the white paper to the right side of the construction paper.
2. Fold back the left edge of the second sheet of white paper. Glue that edge onto the first sheet of white paper as shown below so that the refrigerator door opens and closes.
3. Outline the refrigerator door in black. Use crayons to add other details to the door.
4. Draw “shelves” inside the refrigerator. Then draw different foods that are “healthy choices.”
5. Glue the writing paper to the left side of the construction paper.



## Language Activity

Children list foods that are “healthy choices” and draw them inside the refrigerator. On the writing paper, children write about these foods and tell why they are healthy choices.